

Spotlight on Liz Dovenberg!



Recently we awarded Liz Dovenberg with one of our travel awards. Liz's PhD research has involved multiple methods to learn about physical activity among autistic individuals in Aotearoa New Zealand. One of which was a survey investigating physical activity engagement, enjoyment, preferences, barriers and facilitators.

She will be attending the 9th International Society for Physical Activity and Health (ISPAH) Congress in Abu Dhabi, in October. The theme of the congress is 'making every move count'. Liz will attend keynotes, symposiums, oral presentations, and poster sessions about research in physical activity, sports science, health promotion, and related areas; connect and network with leading scholars in these fields; and engage in networking activities for early career researchers. The Congress will not only broaden her research perspective but may also facilitate future research or practical avenues into maximising physical activity experiences and benefits for autistic folks.

We are very excited for Liz to be able to attend and wish her all the best for the Congress and her travels!